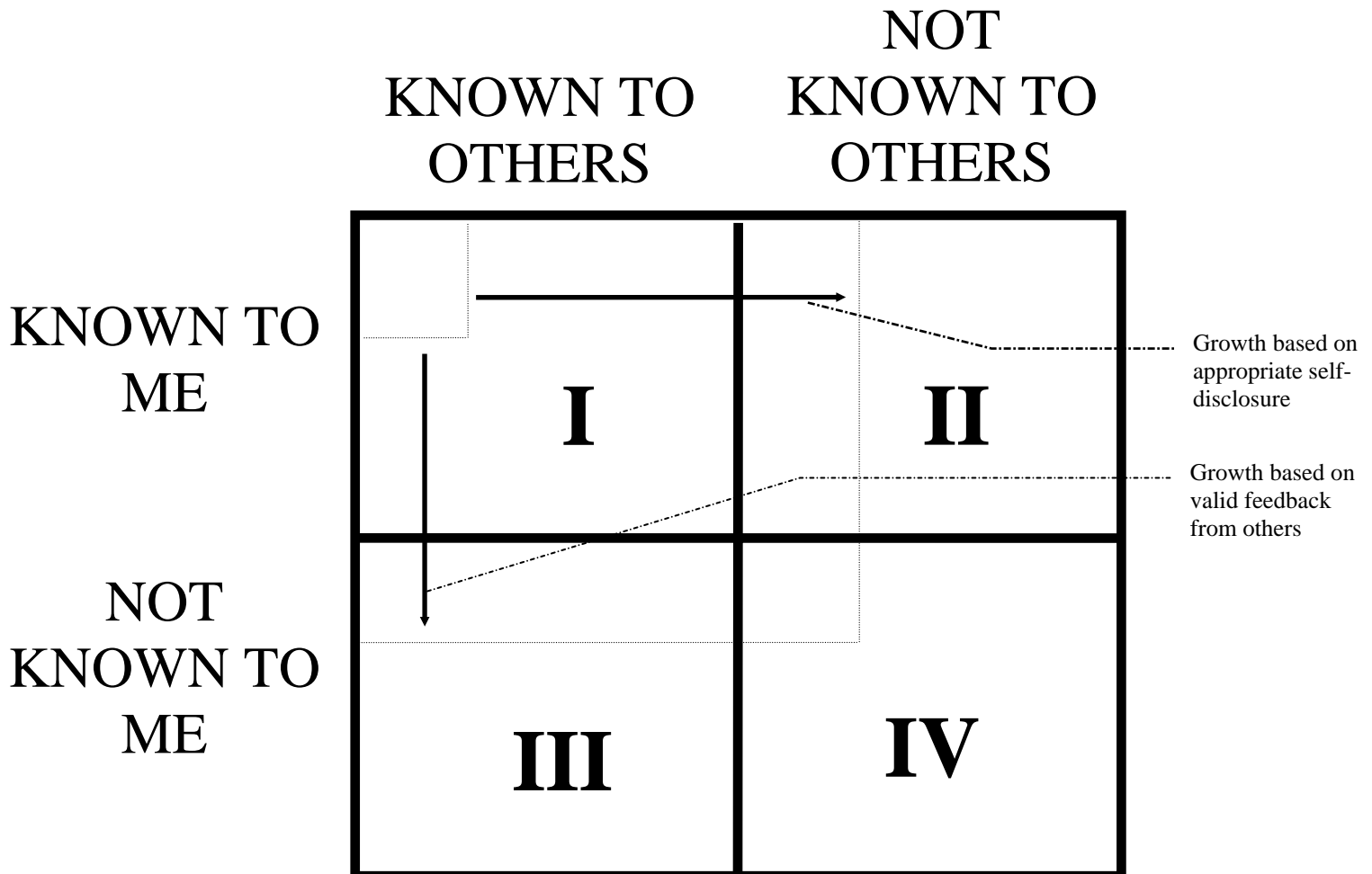


# JoHari's Window<sup>1</sup>



- I:** My **PUBLIC SELF** - information about me which is known to me and is known to others
- II:** My **PRIVATE (SECRET) SELF** - information about me which is known to me and not known to others
- III:** My **BLIND SELF** (the “bad breath” area) - information about me which is not known to me and is known to others
- IV:** My **HIDDEN SELF** - information about me which is not known to me and is not known to others. An area of hidden potential and abilities.  
This is the area of unexpected, unanticipated, unheralded discovery. It is accessed based on the growth dynamics generated by feedback and self -disclosure. It is more than a new cognitive awareness of self - It is the “popping into presence” of skills, abilities and capacities that had been there all the time.

<sup>1</sup> Adapted from the original construct created by [Joe Luft](#) and [Harry Ingrham](#)